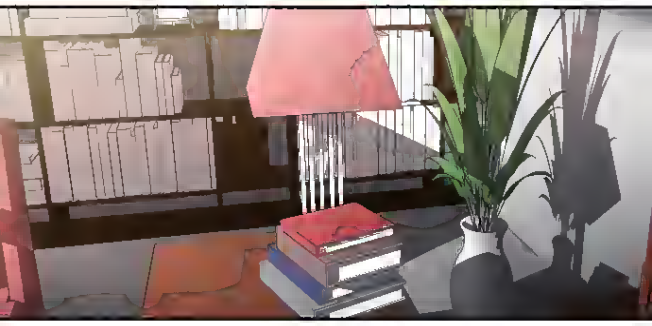
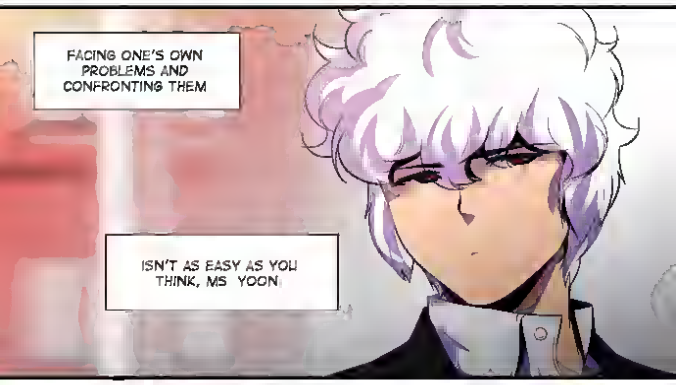
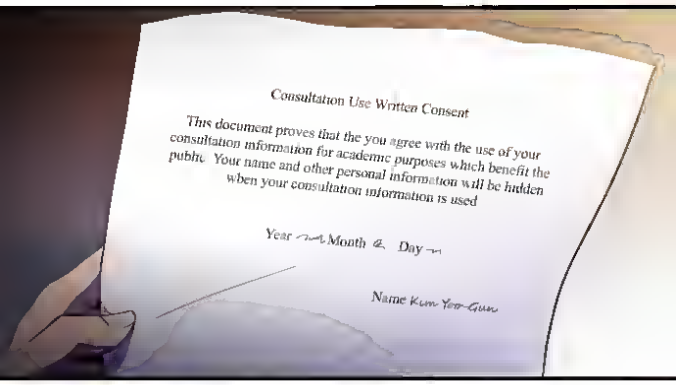


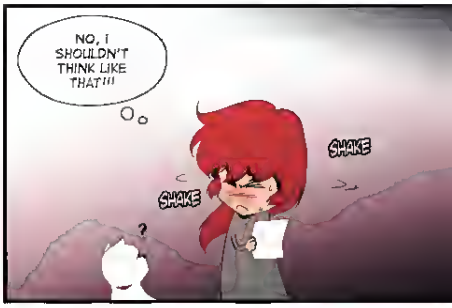
Imposing treatment to a client that does not have motivation to get better can be considered an act of arrogance by the counselor. Consultation and treatment start with the client's will and motivation to "get better."

However, a common occurence among relatively inexperienced counselors is a personal attachment from good intentions. In that situation, it is crucial for the counselor to delicately observe himself/herself. Otherwise, the desire to achieve and feelings of obligation as a counselor can end up blocking progress.


FACING ONE'S OWN PROBLEMS AND CONFRONTING THEM
ISN'T AS EASY AS YOU THINK, MS YOON


Consultation Use Written Consent
This document proves that the you agree with the use of your consultation information for academic purposes which benefit the public. Your name and other personal information will be hidden when your consultation information is used
Year Month Day
Name Kim Yoo-Gun

I WON'T BE ABLE TO WRITE MY FINAL ESSAY
AT YONG GANG UNIVERSITY

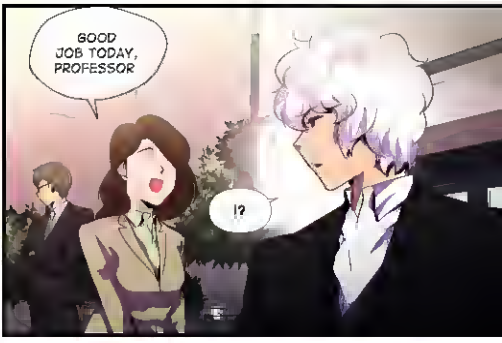

NO, I SHOULDN'T THINK LIKE THAT!!!
SHAKE
SHAKE

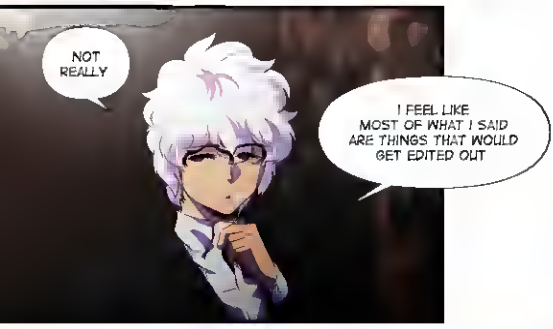
MORE IMPORTANTLY,
I REALLY WANTED TO MAKE YOU BETTER, YOO-GUN...

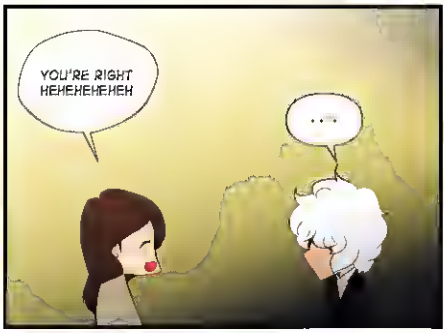
닥터프로스트
Dr.FROST
Work by 이종범

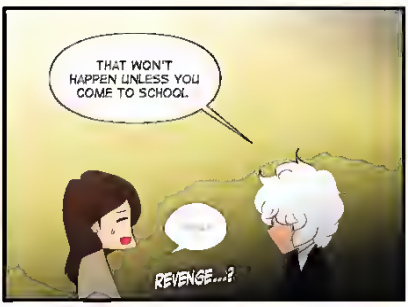
FILE No.#09

- INSOMNIA (Case Closed)

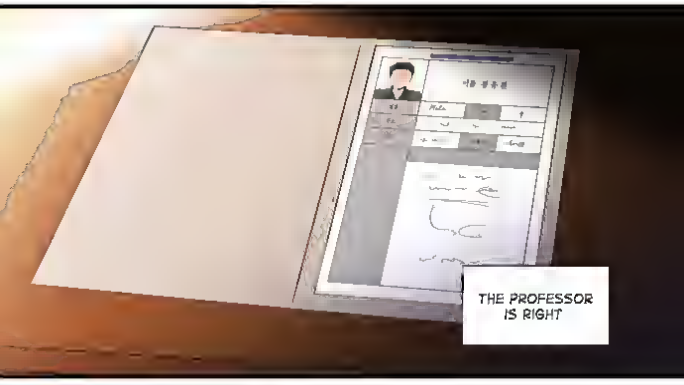

GOOD JOB TODAY, PROFESSOR
!?


NOT REALLY
I FEEL LIKE MOST OF WHAT I SAID ARE THINGS THAT WOULD GET EDITED OUT

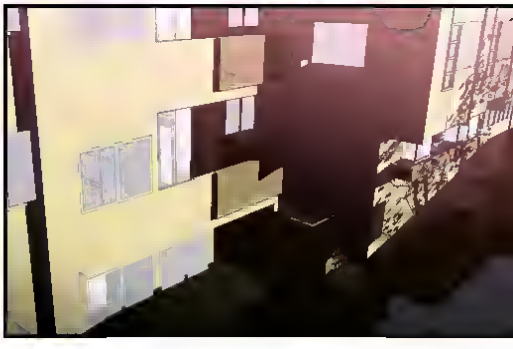

YOU'RE RIGHT HEHEHEHEHEH
...

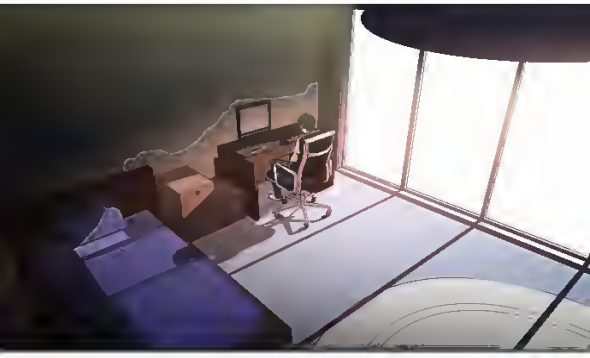


I GUESS I'LL HEAD BACK


THE PROFESSOR IS RIGHT

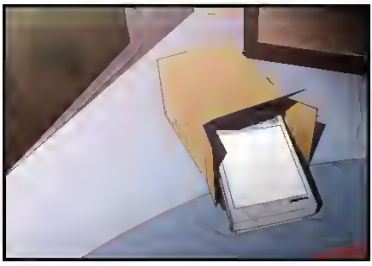
IF THE CLIENT ISN'T TRYING TO GET BETTER,
THERE IS NOTHING A COUNSELOR CAN DO

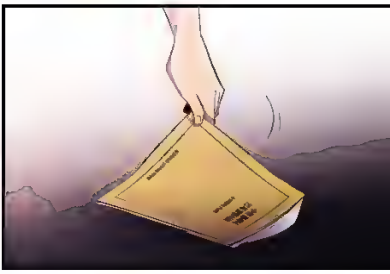


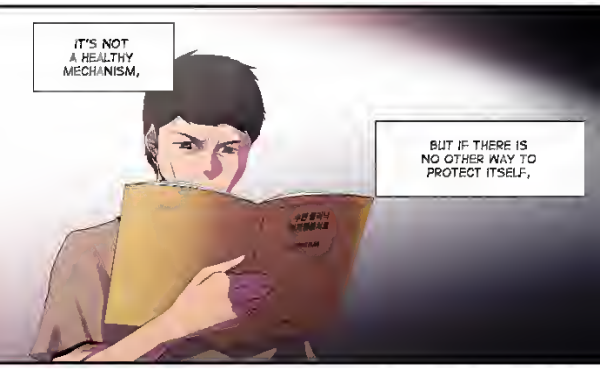


SOLVING A PROBLEM BEGINS WITH
ADMISSION THAT THERE IS A PROBLEM

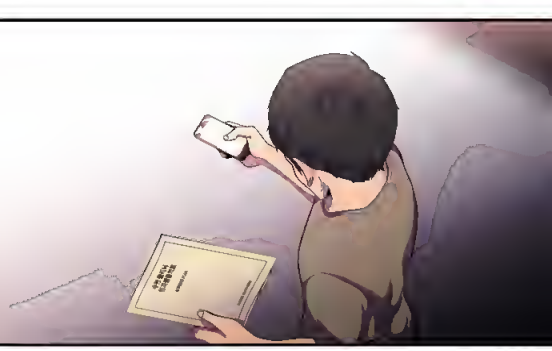
EVEN IF ONE ADMITS THERE IS A PROBLEM,
A HUMAN'S MIND WILL OCCASIONALLY USE GRIEF TO PROTECT ITSELF





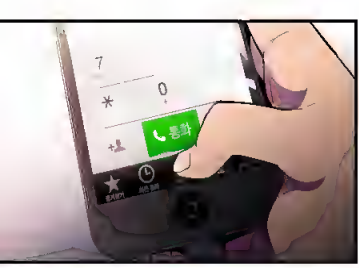

IT'S NOT A HEALTHY MECHANISM,
BUT IF THERE IS NO OTHER WAY TO PROTECT ITSELF,

A HUMAN'S MIND WILL "DECEIVE" ITSELF.



SUNG-AH? ARE YOU DONE WITH WORK FOR THE DAY?
OH, IT'S NOTHING SERIOUS.
I HAVE SOMETHING I WANT TO TELL YOU

수면 클리닉
인지행동치료
6 WEEKS PLAN
CAN I
HEAD TO THE COUNSELING ROOM RIGHT NOW?


7
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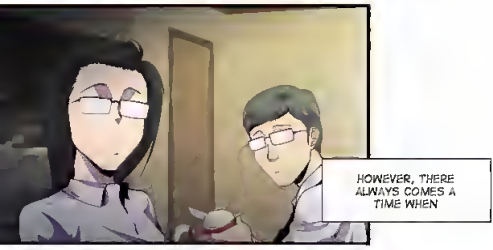
통화

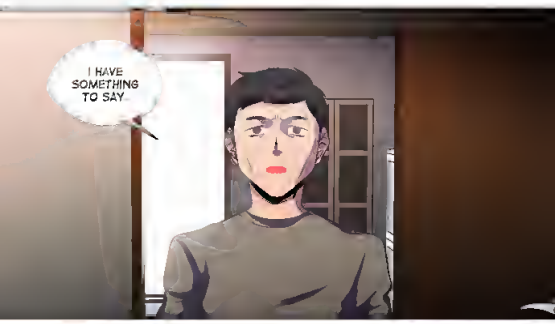
.....

THAT KIND OF DECEPTION IS NOT ALL BAD
IF YOU CONSIDER IT TO BE FOR "PSYCHOLOGICAL SURVIVAL."


HOWEVER, THERE ALWAYS COMES A TIME WHEN

UH...

WE MUST FACE AND CONFRONT OUR PROBLEMS


I HAVE SOMETHING TO SAY...

FILE No.#09 [Insomnia]

Case Closed

Work by
LEE JONG-BEOM **이종범**

Assistant
SOH YI-ROH **소이로**

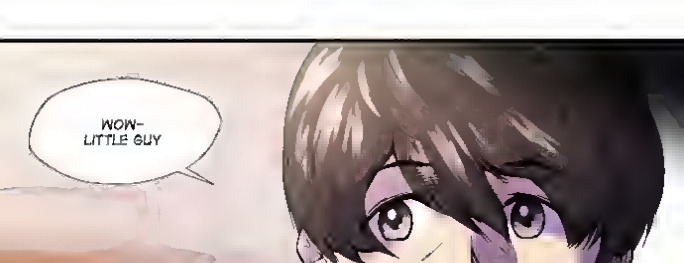
STORY ADVISOR **스토리 자문**
JUN JIN-SUK **전진석**

PSYCHOLOGY ADVISORS **심리학 자문**
KIM JUNG-IL **김정일** [김정일 선정정신과 원장 각가]
SONG HYUNG-SUK **송형석** [정신과박 의학박사 마음과 마음 정신과 원장]
NOO DAH-SHIM **누다심** [누다심의 심리학 아카데미 대표 심리학 컬럼니스트]
SUH KYUNG-BO **서경보** [연세대학교 심리학과 대학원] 외

MUSIC AND SOUND DESIGN
음악 및 사운드 디자인
CHOI YONG-SOO **최용수** of
BAND **만주한봉지**
MANJU ONE BAG

SCANSLATED BY GROUP FROST
TRANSLATOR/CLEANER/TYPESETTER MRJHWAR
FROSTSCANS.WORDPRESS.COM
MRJHWAR@HOTMAIL.COM

WOW, PROFESSOR-


WOW-
LITTLE GUY
IS REALLY
FAMOUS NOW